

Ras Sudr - Egypt

two thousand and ten



moonbeach^{2.0}



windsurfing - kitesurfing - yoga



welcome...

...to a new season,
a new centre,
some new toys and
a few fresh ideas.

So, it's a been a while in the making,
but now we have taken over the
centre here at Moonbeach.

After years of service, we hope to
bring a few new ideas to this epic
location. Whether you're activity
of choice is windsurfing, yoga or
kitesurfing we are here to provide
you with the holiday you want.

So, we hope you have a great time
checking out this brochure, and we
look forward to seeing you on the
beach sometime soon...

Schlep & Greg

January 2010



moonbeach

a truly fantastic
place to play
or relax...

Whatever your passion, be it windsurfing, kitesurfing or yoga, we aim to provide you with the ultimate in friendly, uncrowded, personal holiday experiences.

other fun stuff...



Need something else to do? More energy to spare? We've loads of other cool toys and kit to keep you busy.



Sailing dinghies*, tandem windsurfer, sit-on-top kayaks*, stand-up paddle boards*, snorkelling trips*, wadi walks, beach volleyball and other activities.

* These activities are subject to availability and can incur additional fees, please check when booking.



windsurfing

With world class, constant cross-shore wind, we have ideal conditions to suit all levels of windsurfer from beginner to the advanced pro sailor.

kitesurfing

Ras Sudr is quickly becoming the centre of kiting in Egypt. Warm water, strong reliable winds and a variety of beaches to launch from, along with moonbeach's hospitality makes this the perfect spot.



Just a thought...

- 0 A great mix for friends with different interests, couples or the single traveller.
- 0 Dedicated to one activity, open to new ideas, or maybe do absolutely nothing!
- 0 The windsurfing and kitesurfing conditions are some of the best on the planet.
- 0 Experienced yoga teachers provide a balance of tailor made classes for all levels.

yoga

Looking for somewhere to relax? Moonbeach is the ideal place to unwind. With daily sessions morning & evening, the rest of the day is yours. Yoga at your own pace.



not just great,
uncrowded
conditions
and reliable
cross-shore
wind...

For the last 15 years, Moonbeach has consistently offered reliable wind and fantastic conditions.

Alongside this and some of the best coaching available, we are adding loads of new toys for 2010.

Superior coaching

Tailor made coaching bespoke to your needs, allowing you to maximise your potential. Progression sessions and a 1-2-1 option offer unrivalled instruction. Small groups and video feedback allow for rapid improvement.



Epic conditions

Gentle early morning and late afternoon breezes, perfect for beginners. Strong cross shore winds between 10am and 4pm, with uncrowded water allowing you to take full advantage of the variety of conditions that Moonbeach offers.



Just a thought...

- 0 It's easier than ever! With basic fitness, and some commitment... you'll have it in a week!
- 0 No curfew! Rescue cover runs through until sunset, or a beer tempts you off the water.
- 0 We train our RYA instructors, taking them even further. Expanding on their skills; how to coach, support and understand your individual needs.
- 0 Sail straight front the beach, no slogging!

Equipment

New this year the "X-rack", an experiment in full carbon kit hire. Top of the line gear from Ezzy, Tushingham, RRD and Starboard.

This is complimented by significant updates to our standard kit rack. With new 2010 Tushingham and Starboard kit updated regularly throughout the season, please check our website for the latest equipment listings.



Coaching options

These are some of the courses we offer; bespoke options are available on request:

Beginner £110.00



A 6 hour course, usually spread of 4-5 days, takes you through your first steps on a board. Includes a weeks unlimited kit hire.*

Intermediate £200.00#



A great option for those wishing to take the basics a bit further. A 6 hour instruction package which will introduce you to the harness, footstraps and first-time planning! It also includes a weeks kit hire*.

Advanced £95.00

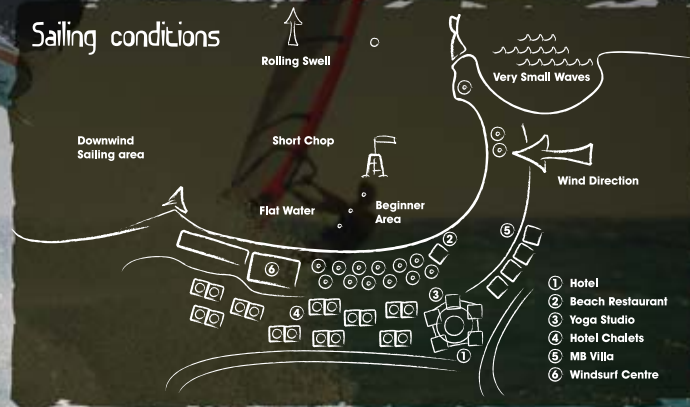


Crack that new move, be it waterstarts, carve gybes or loops and improve your all round sailing. An 8 hour course that will take you to the next level.

* Courses include insurance.
Add an extra week for £1100.00.



Sailing conditions



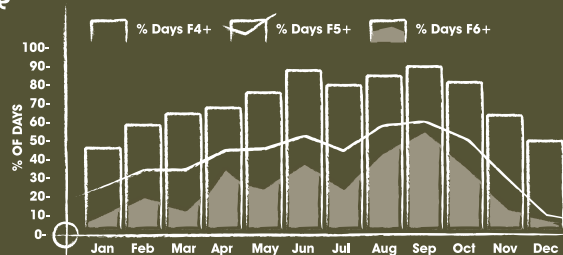
Kids courses



We also offer courses for children, from ages 5-6 upwards. If they can uphaul the rig, we can teach them! Courses are flexible and subject to attention spans...

Average Wind Stats

2006 - 2009





exhilarated
Freedom

kiting escapes
in the Red Sea

Ras Sudr has become a mecca for kitesurfing. With reliable winds, fantastic weather and numerous fantastic locations.

Perfect for the beginner and expert alike.



airspace
KITESURFING

Stay with us?

Whilst we can't offer you kiting here at Moonbeach, (our beach is not big enough!), we can offer you everything else...

Morning and evening Yoga sessions, light wind activities including sailing, snorkeling, kayaking and stand-up paddle boards.

Our renowned Moonbeach hospitality, evenings and socials at the bar, and general all-round good stuff.

A daily shuttle bus will transport you to your preferred local kite beach.

Just a thought...

- Why not combine your kitesurfing holiday with some windsurfing or yoga?
- Ras Sudr Weather:
Summer (May-Oct). An average of 80% planing days, mostly F5-6. Shorts, bikinis and loads of sunblock.
- Winter: 60% planing days, mostly F4-5. Summer shorts, long legged wetsuit.

just wanna kite...?

For those who just wanna want to kite all day long and grab those occasional early morning and extra late sunset sessions, we can help! Stay at the hotel by the kite beach. With a choice of hotels and dedicated kitesurf centres offering IKO/BKSA courses, we can help you find what suits.

Please contact our sister company "Airspace" for our dedicated kite service.

call: +44 (0)1580 755 615
web: www.lagoonbeach.co.uk

let your mind & your body relax...

Whether a dedicated practitioner or an absolute beginner, very bendy or unable to touch your toes, fighting fit or feeling lardy? Yoga is for everyone.

It has substantial benefits to your fitness and wellbeing, it also de-stresses tired and busy minds.

Improving flexibility, balance, control and strength. The sequence of postures and breathing techniques leaves you feeling remarkably energized, yet calm and revitalised. It's the road to less aches and pains!



Waterfront classes

Enjoy a full yoga holiday, compliment your activities on the water, or just join in with the odd session.

Morning and evening classes (pre-breakfast and dinner) are held in the indoor studio, or on occasion at selected outdoor venues, all with panoramic views.

Professional teaching - a variety of styles

Our yoga teachers have a wealth of experience and study to provide a balanced approach. Styles range from dynamic power and pure Ashtanga yoga to the more gentle Hatha yoga, whilst other teachers offer a fusion of different yoga techniques to compliment the class.

Just a thought...

- 0 Check online or give us a call for the latest instructor dates and styles.
- 0 Any level of fitness welcome. Can't touch your toes? Give us your body for a week!
- 0 Yoga for purists, semi-keens, beginners and even the most devout sceptic.
- 0 Everything is provided just wear some loose fitting clothing.

Massage & treatments

Relieve aching muscles or simply indulge yourself. We have a combination of on-site masseurs, a newly established hotel spa, and a select group of masseurs that visit for 1-2 days a week. Commonly offering Swedish or aromatherapy massage and sometimes other treatments such as Reiki, Reflexology, Trager and Aura Soma.

All the above treatments and massages are subject to availability, please check the website for confirmed dates and techniques.

From early childhood
fascination through
to adult intrigue,
Egypt with all
it's history and
culture has
everything to offer

There is really is something for everyone; from the Great Pyramids of Giza and the sprawling chaos of Cairo to sunrise on Mount Sinai or a night in the desert under the stars, these are a perfect compliment to a busy day on the water.



Cairo and the Pyramids

Truly something to behold, the awesome spectacle of the Pyramids of Giza and the Solar Boat, Tutankhamun's museum treasures, lunch on the Nile and maybe a rummage through the bazaars and street markets.

Desert adventures

With an endless landscape of rock faces, mountain ranges and desert planes, the Sinai Peninsula provides some fascinating experiences. With Bedouin settlements, camel trains, the occasional unspoiled oasis and ancient temples to experience.

Whilst a night spent under the clearest of skies star gazing is not easily forgotten.



Just a thought...

- 0 Why not fly into Cairo and add a city stay to the beginning or end of your trip.
- 0 A sunrise trip up Mount Sinai means that you only miss out on a morning on the water.
- 0 Further info and prices are available on site.

Mount Sinai & St Catherines Monastery



A moonlit trek up Mount Sinai, following in the footsteps of Moses is rewarded with the most epic sunrise and breathtaking scenery. The monastery, founded in 600AD is a spiritual experience, offering an insight in to monks and their fascinating lifestyle.

moonbeach a unique resort

A simple but comfortable 3-star resort nestled between the Gulf of Suez and the imposing Sinai desert. With a unique and reliable local wind.



Villa accommodation

If you fancy something a little different why not try staying in our villa out on the point. With uninterrupted views of all the on-the-water action it's a great place to hang out.



The villa comes complete with half-board catering in the hotel. Accommodation includes a fully equipped kitchen, a comfortable lounge with a double and a twin bedroom. It's perfect for that quiet escape, or a home from home for the whole family.



Beach-front accommodation

A small hotel that makes you feel right at home, it offers clean, basic accommodation in a series of beach front chalets.

Wake up to miles of glistening sea and sand, relax on your balcony away from the stresses of everyday life.



Plenty of food

Dive into the buffet complete with Egyptian, Greek/Turkish and European cuisine. Enjoy beach front barbecues yards from the waters edge which never fail to satisfy the hungriest windsurfer. Other options available include a vegetarian and a la carte menus.

Also, depending on the season, the seafood is not to be missed, with outstanding fish dishes by the hotel chef.

Just a thought...

- Not a high rise in sight!
Roll out of bed and onto the beach.
- All rooms include a balcony and sea views, en suite, A/C, TV, fridge and tea/coffee.
- Our new centre will include a revised version of the infamous Spreader Bar, chill out areas, and a small retail outlet with all the bits needed for time spent on the beach. Please check the website for current stock.

Evenings to suit everyone

Join us down at the bar for a variety of evening activities and entertainment.

From relaxed nights star gazing around the fire, to chewing over the days progress with a couple of beers, or just grab your own space and chill.



booking info

It is all about the flexibility...

You can choose to fly any day and stay with us for as little or as long as you like.

land package

We can offer a stay of any number of nights; the following is just a guide:

7 nights - £295.00

14 nights - £445.00

Prices are per person sharing a twin or double room, inc. half-board (breakfast and evening meal) accommodation and return transfers from Cairo airport.

villa upgrade

Enjoy some beach front comfort, great for families and that quiet escape:

7 nights - £50.00

14 nights - £80.00

Price per person, under 16's no charge.



Flights

Check our website for recommended agents and links to our preferred airlines.

Any day flights from £250.00.

London to Cairo: 5hrs aprox.
Transfer times: Cairo to MB 2.5hrs,
Sharm to MB 3.5hrs.

the extras

Holidaying in Egypt can have some quirky aspects to it, these are the bits that cost a little more:

Single Person Supplement:

7 nights - £50.00

14 nights - £100.00

Sharm El Sheikh Transfer Supplement:
(A single charge per group)

1x return trip - £50.00

We really have done our best to limit these extras to straight costs only.

windsurfing



Standard Kit Hire:

1 week - £130.00

2 weeks - £210.00

Premium Kit Hire:

1 week - £180.00

2 weeks - £280.00

Intermediate Package:

1 week - £200.00

2 weeks - £300.00

Includes all hire, and a 6 hour lesson package and on-the-water insurance.

Beginner Package:

1 week - £110.00

Includes all hire, and a 6 hour lesson package and on the water insurance.

Own Kit:

1 week - £40.00

2 weeks - £50.00

Inc. transfers, storage and rescue cover.

yoga



All levels (12 sessions)

1 week - £95.00

2 weeks - £180.00

If you're not sure about yoga, just want to give it a try, or pick and choose when and where then individual sessions can be booked on site.

Single session - £12.00

kitesurfing



Prices are yet to be confirmed, please contact us for up-to-date prices.

Kit transfer, storage and beach shuttle bus:

1 week - £65.00

2 weeks - £120.00

All prices are correct at the time of going to press. Prices are dependent on exchange rates and can be subject to change.

moonbeach

wind • kite • yoga



Moon Beach Holidays

tel: 01580 753824

email: bookings@moonbeachholidays.com

web: moonbeachholidays.com

Booking Office: 4 Armitage Place, Western Road, Hawkhurst, Kent, TN18 4BS

Registered Office: Bramleys, Brishing Lane, Broughton, Monchelsea, Maidstone, Kent ME17 4JH

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